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AlL President: G. Toro Coordinators: A.M. Carella, S. Amadori

The New Guidelines for the Management of CML



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Evolution of ELN Recommendations for CML







ELN Recommendations for CML: 2006

	2006	2009	2013	2020
1° line	Imatinib			
2° line	None (high-dose imatinib)			
Alt. Options	IFN/allogeneic SCT			
Salvage	Allogeneic SCT			
Milestones	CCyR			
Concerns/ Considerations	Short follow-upPossibility of emerging mutations			





Evolution of ELN Recommendations Moving Forward From 2006 to 2009

CML now compatible with a normal life span (concept reinforced)

Compliance—a potential problem for patients

General mood: Freedom from "cage" of allogeneic SCT

ELN Recommendations for CML: 2009

	2006	2009	2013	2020
1° line	Imatinib	Imatinib		
2° line	None (high-dose imatinib)	Nilotinib, dasatinib, high-dose imatinib		
Alt. Options		None		
Salvage	Allogeneic SCT	Allogeneic SCT, nilotinib, dasatinib		
Milestones		$CCyR \rightarrow MR$		
	Short follow-upPossibilityEmerging mutations	Risk of emerging mutations decreasing		





Evolution of ELN Recommendations Moving Forward From 2009 to 2013

Phase 1-2 trials of bosutinib and ponatinib published (2011-2012)

A bitter taste of long-term toxicities

The first steps toward treatment-free remission

ELN Recommendations for CML: 2013

	2006	2009	2013	2020
1° line	Imatinib	Imatinib	Imatinib, nilotinib, dasatinib	
2° line	None (high-dose imatinib)	Nilotinib, dasatinib, high-dose imatinib	 Ima → nilo, dasa, bosu, pona Dasa → nilo, bosu, pona Nilo → dasa, bosu, pona T315I: pona 	
Alt. Options			None	
Salvage	Allogeneic SCT	Allogeneic SCT, nilotinib, dasatinib	Allogeneic SCT	
Milestones	CCyR	CCyR o MR	MMR, major and stable	
	Short follow-upPossibilityEmerging mutations	Risk of emerging mutations decreasing	TFR, mainly inside the frame of RCTs	



Evolution of ELN Recommendations Moving Forward From 2013 to 2020

With generic imatinib, avoid alternating different brands

Early and long-term toxicities AND efficacy are the basis of any TKI choice

TFR may be considered in clinical practice if a stable DMR is achieved

ELN Recommendations for CML: 2020

	2006 ¹	2009 ²	2013 ³	2020 ⁴
1° line	Imatinib	Imatinib	lmatinib, nilotinib, dasatinib	lmatinib, nilotinib, dasatinib, bosutinib
2° line	None (high-dose imatinib)	Nilotinib, dasatinib, high-dose imatinib	 Ima → nilo, dasa, bosu, pona Dasa → nilo, bosu, pona Nilo → dasa, bosu, pona T315I: pona 	 Ima → nilo, dasa, bosu, pona Dasa → nilo, bosu, pona Nilo → dasa, bosu, pona Bosu → dasa, nilo, pona T315I: pona
Alt. Options	IFN/allogeneic SCT	None	None	None
Salvage	Allogeneic SCT	Allogeneic SCT, nilotinib, dasatinib	Allogeneic SCT	Allogeneic SCT
Milestones	CCyR	$CCyR \to MR$	MMR, major and stable	$MMR\toDMR$
Concerns/ Considerations	Short follow-upEmerging mutations	Risk of emerging mutations ↓	TFR, mainly inside the frame of RCTs	Side effects

Alt, alternative; bosu, bosutinib; CCyR, complete cytogenetic response; CML, chronic myeloid leukaemia; dasa, dasatinib; DMR, deep molecular response; ELN, European LeukemiaNet; HU, hydroxyurea; IFN, interferon; ima, imatinib; MMR, major molecular response; MR, molecular response; NA, not applicable; nito, nitotinib; pona, bonatinib Y, RCT, randomised controlled triat; SCT, stem cell transplant; TFR, treatment-free survival.

1. Baccarani M, et al. Blood. 2006;108:1809-20; 2. Baccarani M, et al. *J Clin Oncol*. 2009;27:6041–51; 3. Baccarani M, et al. *Blood*. 2013;122:872–84; 4. Hochhaus A. et al. Leukemia. 2020:34:966-84.

Evolution of ELN Recommendations Moving Forward From 2020 to 2023

Ponatinib dose optimization

Asciminib moving forward

Dose optimization of other TKIs

European LeukemiaNet recommendations for the management of chronic myeloid leukemia (2013)

Recommendations for cytogenetic and molecular monitoring

At diagnosis	Chromosome banding analysis (CBA) of marrow cell metaphases FISH in case of Ph negativity to identify variant and/or cryptic translocation Qualitative PCR (identification of transcript type)
	Quantitative real time PCR (RQ-PCR), and/or
During treatment	CBA of marrow cell metaphases (at least 20 metaphases) to be performed at
	3, 6 and 12 months until a CCyR has been achieved.
	Once a CCyR is achieved, then every 12 months. Once a CCyR is achieved,
	FISH on blood cells can be done .
Failure, progression	RQ-PCR, mutational analysis, and CBA of marrow cell metaphases,
	immunophenotyping in BP.
	Molecular and cytogenetic tests to be performed more frequently.
Warning	CBA of marrow cell metaphases recommended in case of myelodysplasia or
	CCA/Ph- (with chromosome 7 involvement)

European LeukemiaNet recommendations for the management of chronic myeloid leukemia (2020)

Recommendations for cytogenetic and molecular monitoring

At diagnosis	Chromosome banding analysis (CBA) of marrow cell metaphases FISH in case of Ph negativity to identify variant and/or cryptic translocation Qualitative PCR (identification of transcript type)
During treatment	Quantitative real time PCR (RQ-PCR) to be performed at 3, 6 and 12 months even after an MMR is achieved and confirmed, because close monitoring of molecular response is required to assess eligibility for treatment discontinuation. CBA of marrow cell metaphases (at least 20 metaphases) <u>may be useful</u>
	<u>when performed</u> , but alone is not sufficiently sensitive to monitor response.
Failure, progression	RQ-PCR, mutational analysis, and CBA of marrow cell metaphases, immunophenotyping in BP.
Warning	Molecular and cytogenetic tests to be performed more frequently. CBA of marrow cell metaphases recommended in case of myelodysplasia or CCA/Ph- (with chromosome 7 involvement)

	Optimal	Warning	Failure
Baseline	NA	High-risk ACA, high-risk ELTS score	NA
3 months	≤10%	>10%	>10% if confirmed within 1-3 months
6 months	≤1%	>1-10%	>10%
12 months	≤0.1%	>0.1-1%	>1%
Any time	≤0.1%	>0.1–1%, loss of ≤0.1% (MMR) ^a	>1%, resistance mutations, high-risk ACA

For patients aiming at TFR, the optimal response (at any time) is BCR-ABL1 ≤ 0.01% (MR⁴).

A change of treatment may be considered if MMR is not reached by 36-48 months.

NA not applicable, ACA additional chromosome abnormalities in Ph+ cells, ELTS EUTOS long term survival score.

^aLoss of MMR (BCR-ABL1 > 0.1%) indicates failure after TFR

Hochhaus A et al , Leukemia. 2020;34:966–984

ELN 2020 Recommendations for response

	Optimal	Warning	Failure
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High risk additional chromosomal aberrations herald advanced disease and predict survival probability. CML IV cohort.





Hehlmann et al., Leukemia 2020, in press

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Molecular response in patients who progressed on imatinib (Dasision & ENESTnd)



Jabbour E et al. Blood 2014, 123 (4):494-500; Hughes TP et al. Blood 2014, 123 (9)

ELN 2020 Recommendations for response

	22			
		Optimal	Warning	Failure
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Pre	vedere	e un	a QPCR al terzo	e quarto/quinto mese
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	A change of treatment may be considered if MMR is not reached by 36-48 months.			
	NA not applicable, ACA additional chromosome abnormalities in Ph+ cells, ELTS EUTOS long term survival score.			
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For patients	aiming at	TFR, the optimal response (at any time)) is BCR-ABL1 $\leq 0.01\%$ (MR ⁴).

A change of treatment may be considered if MMR is not reached by 36-48 months.

NA not applicable, ACA additional chromosome abnormalities in Ph+ cells, ELTS EUTOS long term survival score.

^aLoss of MMR (BCR-ABL1 > 0.1%) indicates failure after TFR

First line therapy ?

BCR-ABL+ CML in CP



Resistance to imatinib, options (2023)





Resistance to a 2nd gen TKI in first line



Hochhaus A, et al. Leukemia 2020; 34: 966-984.

NCCN Guidelines https://www.nccn.org/store/login/login.aspx?ReturnURL=https://www.nccn.org/professionals/physician_gls/pdf/cml.pdf





Resistance to a 2nd gen TKI in first line (2023)







Third line and beyond treatment (2023)





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